

RED GYM

Friday, March 3rd

Session 1

Team Challenge

6:00-6:20 pm open stretch

6:00 Judges report time

6:20-6:30 announce teams

6:30-8:30 warm-up/compete

8:30-9:00 awards

Saturday, March 4th

Session 2

Level 8 (All gyms)

9:00-9:20 open stretch

9:00 judges report time

9:20-9:30 announce teams

9:30-12:00 warm-up/compete

12:00-12:30 awards

Session 3

Level 7 (All gyms)

12:30-12:50 open stretch

12:30 Judges report time

12:50-1:00 announce teams

1:00-3:30 warm-up/compete

3:30-4:00 awards

Session 4

Level 9/10 (All gyms)

4:00-4:20 open stretch

4:00 Judges report time

4:20-4:30 announce teams

4:30-7:30 warm-up/compete

7:30-8:00 awards

BLUE GYM

Friday, March 3rd

Session 1

College Meet

6:00-6:20 pm open stretch

6:00 Judges report time

6:20-6:30 announce teams

6:30-8:30 warm-up/compete

Saturday, March 4th

Session 2

Level 1, 2, XB (All gyms)

9:00-9:20 am open stretch

9:00 judges report time

9:20-9:30 announce teams

9:30-11:00 warm-up/compete

11:00-11:30 awards

Session 3

Level XS (NCY, AAGD, ACE, PFS, ENVY, WGC)

11:30-11:20 open stretch

11:00 Judges report time

11:20-11:30 announce teams

11:30-2:30 warm-up/compete

2:30-3:00 awards

Session 4

Level XS (OSSG, ANCH, WDGA, MDGC, SCMC, FGC, OCSC)

3:00-3:20 open stretch

3:00 Judges report time

3:20-3:30 announce teams

3:30-6:00 warm-up/compete

6:00-6:30 awards

RED GYM

Saturday, March 4th

Session 5

No red session

Sunday, March 5th

Session 6

Level XG (PFS, ENVY, OSSG, AAGD, ACE)

8:30-8:50 open stretch

8:30 Judges report time

8:50-9:00 announce teams

9:00-11:00 warm-up/compete

11:00-11:30 awards

Session 7

Level 3 (PFS, AAGD, FGC, OCSC, NEAG)

11:30-11:50 open stretch

11:30 Judges report time

11:20-11:30 announce teams

11:30-2:00 warm-up/compete

2:00-2:30 awards

Session 8

Level 3 (SUFF, ACE, ANCH, DUN, HOH)

2:30-2:50 open stretch

2:30 Judges report time

2:20-2:30 announce teams

2:30-5:00 warm-up/compete

5:00-5:30 awards

Session 9

Level 4/5 (ALL GYMS)

5:30-5:50 open stretch

5:30 Judges report time

5:20-5:30 announce teams

5:30-8:00 warm-up/compete

8:00-8:30 awards

BLUE GYM

Saturday, March 4th

Session 5

Level XG (FGC, WDGA, OCSC, ANCH, MDGC, WGC, NCY, SCMC)

6:30-6:50 am open stretch

6:30 judges report time

6:50-7:00 announce teams

7:00-9:00 warm-up/compete

9:00-9:30 awards

Sunday, March 5th

Session 6

Level 6 (All gyms)

9:00-9:20 open stretch

9:00 Judges report time

9:20-9:30 announce teams

9:30-12:00 warm-up/compete

12:00-12:30 awards

Session 7

Level XP (All gyms)

12:30-12:50 open stretch

12:30 Judges report time

12:50-1:00 announce teams

1:00-3:30 warm-up/compete

3:30-4:00 awards

Session 8

Level XD (All gyms)

4:00-4:20 open stretch

4:00 Judges report time

4:20-4:30 announce teams

4:30-7:00 warm-up/compete

7:00-7:30 awards