

Lion Challenge Schedule 2018

Saturday November 17

Session 1 - Level 3 & XB (36 gymnasts)

3:00-3:15 General Stretch

3:15-3:45 Traditional Warm up

3:45-4:00 March out

3:30 Judges report time

4:00-4:50 Competition

4:50-5:20 Awards

Session 2 - XS (47 gymnasts)

5:30-5:45 General Stretch

5:45-6:20 Traditional Warm up

6:20-6:30 March out

6:00 Judges report time

6:30-7:30 Competition

7:30-8:00 Awards

Sunday November 18

Session 3 - Level 4 (33 gymnasts)

9:00-9:15 General Stretch

9:15-9:50 Traditional Warm up

9:50-10:05 March out

9:15 Judges report time

10:05-11:15 Competition

11:15-11:45 Awards

Session 4 - Levels 5-10 (43 gymnasts)

12:00-12:20 General Stretch

12:20-12:35 March out

11:50 Judges report time

12:35-3:30 Warm up/compete

3:30-4:00 Awards

Session 5 - XG, XP, XD (43 gymnasts)

4:00-4:20 General Stretch

4:20-4:35 March out

3:50 Judges report time

4:35-7:30 Warm up/compete

7:30-8:00 Awards